



Relationships Education and Relationships & Sex Education (RSE) Policy

1. Purpose of the Policy

This policy sets out how **Kuwait International English School (KIES)** ensures that:

- (a) **All pupils provided with primary education** at the school are provided with **Relationships Education**, and
- (b) **All pupils provided with secondary education** at the school are provided with **Relationships and Sex Education (RSE)**,

except where a pupil is excused from aspects of sex education in accordance with parental rights.

This policy reflects **UK statutory expectations**, the **ISI inspection framework**, and **British Schools Overseas (BSO) standards**, while being **appropriately adapted to comply with Kuwaiti law and Islamic values**.

2. Regulatory and Inspection Framework

This policy has regard to:

- UK statutory guidance on Relationships Education and RSE
- ISI Framework for the Inspection of British Schools Overseas
- British Schools Overseas (BSO) standards
- Local laws and regulations of the State of Kuwait
- Islamic moral and social values

Where UK guidance is not compatible with local law or cultural expectations, **Kuwaiti regulations and Islamic values take precedence**, in line with BSO guidance.

3. Policy Aims

Kuwait International English School aims to ensure that Relationships Education and RSE:

- Promote pupils' **personal development, wellbeing, and moral understanding**
- Support pupils in forming **respectful and healthy relationships**



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- Encourage **good behaviour, self-respect, and responsibility**
- Support safeguarding by helping pupils recognise inappropriate behaviour and know how to seek help
- Prepare pupils for adulthood in a way that is **age-appropriate, factual, and culturally sensitive**

4. Primary Education – Relationships Education

Kuwait International English School **ensures that all pupils receiving primary education** are taught **Relationships Education**, in line with ISI expectations for pupils' personal development and safeguarding.

Content includes:

- Families and people who care for us
- Respect for parents, elders, and authority
- Friendship, kindness, cooperation, and honesty
- Understanding and managing emotions
- Personal safety, boundaries, and appropriate behaviour
- Online safety and responsible digital behaviour

Delivery:

- Teaching is **age-appropriate and non-sexual**
- Content reflects **traditional family values**
- Lessons promote **respect, empathy, and positive character development**

Sex education is **not taught** at primary level.

5. Secondary Education – Relationships and Sex Education (RSE)



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Kuwait International English School **ensures that all pupils receiving secondary education** are provided with **Relationships and Sex Education**, except where parents have requested withdrawal from aspects of sex education.

5.1 Relationships Education (Compulsory)

All secondary pupils receive Relationships Education that:

- Promotes respectful and healthy relationships
- Develops understanding of friendship, peer influence, and conflict resolution
- Encourages mutual respect between genders
- Supports emotional wellbeing and mental health awareness
- Reinforces expectations regarding dignity, behaviour, and responsibility
- Develops awareness of online safety and digital conduct
- Emphasises the importance of family life and marriage

5.2 Sex Education (Culturally Adapted)

Sex education at Kuwait International English School is delivered:

- In a **scientific, factual, and objective manner**
- With sensitivity to **Islamic values and local cultural expectations**
- Within the **context of marriage**
- In a manner appropriate to pupils' age and maturity

Content may include:

- Human reproduction (biological and scientific focus)
- Puberty and physical and emotional development
- Personal hygiene and health
- Respect for privacy, modesty, and personal boundaries



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6. Content Not Taught

In accordance with Kuwaiti law and Islamic values, Kuwait International English School **does not teach or promote:**

- LGBTQ+ identities, relationships, or lifestyles
- Sexual activity outside marriage
- Alcohol, drugs, or related behaviours
- Any content that conflicts with Islamic beliefs, Kuwaiti law, or local cultural norms

This approach is consistent with BSO guidance, which allows curriculum adaptation to reflect the host country context.

7. Teaching and Learning Approach

- RSE is delivered by **appropriately trained and approved staff**
- Lessons are planned, monitored, and reviewed by senior leaders
- Teaching promotes **respect, safeguarding, and pupil wellbeing**
- Staff maintain professional neutrality and do not promote personal beliefs
- All resources are carefully reviewed for **cultural and religious suitability**

8. Parental Rights and Withdrawal

- Parents have the right to **request withdrawal from aspects of sex education** at secondary level
- Relationships Education is **statutory and not subject to withdrawal**
- Requests must be submitted **in writing** to the Principal
- The school will meet with parents to discuss the request and implications
- Pupils withdrawn will receive appropriate supervised alternative provision



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9. Safeguarding and Pastoral Care

- RSE is delivered within the school's **safeguarding and child protection framework**
- Pupils are encouraged to speak to trusted adults
- Any concerns or disclosures are managed in line with the Safeguarding Policy
- Safeguarding concerns take precedence over confidentiality

10. Leadership, Monitoring and Review

- The **Principal of Kuwait International English School** has overall responsibility for implementation
- The policy is monitored through curriculum review and pastoral oversight
- The policy is reviewed **annually** or in response to changes in guidance or legislation
- Feedback from parents, staff, and inspectors informs future review

11. Availability of the Policy

This policy is:

- Published on the Kuwait International English School website
- Available to parents on request
- Shared with staff and governors
