



# Relationships Education and Relationships & Sex Education (RSE) Policy

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## 1. Purpose of the Policy

This policy sets out how **Kuwait International English School (KIES)** ensures that:

- (a) **All pupils provided with primary education** at the school are provided with **Relationships Education**, and
  - (b) **All pupils provided with secondary education** at the school are provided with **Relationships and Sex Education (RSE)**,
- except where a pupil is excused from aspects of sex education in accordance with parental rights.

This policy reflects **UK statutory expectations**, the **ISI inspection framework**, and **British Schools Overseas (BSO) standards**, while being **appropriately adapted to comply with Kuwaiti law and Islamic values**.

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## 2. Regulatory and Inspection Framework

This policy has regard to:

- UK statutory guidance on Relationships Education and RSE
- ISI Framework for the Inspection of British Schools Overseas
- British Schools Overseas (BSO) standards
- Local laws and regulations of the State of Kuwait
- Islamic moral and social values

Where UK guidance is not compatible with local law or cultural expectations, **Kuwaiti regulations and Islamic values take precedence**, in line with BSO guidance.

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## 3. Policy Aims

Kuwait International English School aims to ensure that Relationships Education and RSE:

- Promote pupils' **personal development, wellbeing, and moral understanding**
- Support pupils in forming **respectful and healthy relationships**



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- Encourage **good behaviour, self-respect, and responsibility**
  - Support safeguarding by helping pupils recognise inappropriate behaviour and know how to seek help
  - Prepare pupils for adulthood in a way that is **age-appropriate, factual, and culturally sensitive**
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### 4. Primary Education – Relationships Education

Kuwait International English School **ensures that all pupils receiving primary education** are taught **Relationships Education**, in line with ISI expectations for pupils' personal development and safeguarding.

#### Content includes:

- Families and people who care for us
- Respect for parents, elders, and authority
- Friendship, kindness, cooperation, and honesty
- Understanding and managing emotions
- Personal safety, boundaries, and appropriate behaviour
- Online safety and responsible digital behaviour

#### Delivery:

- Teaching is **age-appropriate and non-sexual**
- Content reflects **traditional family values**
- Lessons promote **respect, empathy, and positive character development**

Sex education is **not taught** at primary level.

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### 5. Secondary Education – Relationships and Sex Education (RSE)



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Kuwait International English School **ensures that all pupils receiving secondary education** are provided with **Relationships and Sex Education**, except where parents have requested withdrawal from aspects of sex education.

### 5.1 Relationships Education (Compulsory)

All secondary pupils receive Relationships Education that:

- Promotes respectful and healthy relationships
- Develops understanding of friendship, peer influence, and conflict resolution
- Encourages mutual respect between genders
- Supports emotional wellbeing and mental health awareness
- Reinforces expectations regarding dignity, behaviour, and responsibility
- Develops awareness of online safety and digital conduct
- Emphasises the importance of family life and marriage

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### 5.2 Sex Education (Culturally Adapted)

Sex education at Kuwait International English School is delivered:

- In a **scientific, factual, and objective manner**
- With sensitivity to **Islamic values and local cultural expectations**
- Within the **context of marriage**
- In a manner appropriate to pupils' age and maturity

Content may include:

- Human reproduction (biological and scientific focus)
- Puberty and physical and emotional development
- Personal hygiene and health
- Respect for privacy, modesty, and personal boundaries



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### 6. Content Not Taught

In accordance with Kuwaiti law and Islamic values, Kuwait International English School **does not teach or promote:**

- LGBTQ+ identities, relationships, or lifestyles
- Sexual activity outside marriage
- Alcohol, drugs, or related behaviours
- Any content that conflicts with Islamic beliefs, Kuwaiti law, or local cultural norms

This approach is consistent with BSO guidance, which allows curriculum adaptation to reflect the host country context.

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### 7. Teaching and Learning Approach

- RSE is delivered by **appropriately trained and approved staff**
  - Lessons are planned, monitored, and reviewed by senior leaders
  - Teaching promotes **respect, safeguarding, and pupil wellbeing**
  - Staff maintain professional neutrality and do not promote personal beliefs
  - All resources are carefully reviewed for **cultural and religious suitability**
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### 8. Parental Rights and Withdrawal

- Parents have the right to **request withdrawal from aspects of sex education** at secondary level
- Relationships Education is **statutory and not subject to withdrawal**
- Requests must be submitted **in writing** to the Principal
- The school will meet with parents to discuss the request and implications
- Pupils withdrawn will receive appropriate supervised alternative provision



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### 9. Safeguarding and Pastoral Care

- RSE is delivered within the school's **safeguarding and child protection framework**
  - Pupils are encouraged to speak to trusted adults
  - Any concerns or disclosures are managed in line with the Safeguarding Policy
  - Safeguarding concerns take precedence over confidentiality
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### 10. Leadership, Monitoring and Review

- The **Principal of Kuwait International English School** has overall responsibility for implementation
  - The policy is monitored through curriculum review and pastoral oversight
  - The policy is reviewed **annually** or in response to changes in guidance or legislation
  - Feedback from parents, staff, and inspectors informs future review
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### 11. Availability of the Policy

This policy is:

- Published on the Kuwait International English School website
  - Available to parents on request
  - Shared with staff and governors
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